

LivingCentreClinic



Helping you live
a healthy & active life



Our Services

- PAIN RELIEF
- FERTILITY, MATERNITY & BABY
- MIND & BODY

Living Centre Clinic
32 Durham Road
Raynes Park
London SW20 0TW

Tel: 020 8946 2331

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The Living Centre Clinic is a well-known brand in complementary health care. Established in 1986, we have a long pedigree of clinical expertise that is second to none. We provide a selection of therapies to the highest clinical standards and specialise in pain relief; fertility, maternity and baby therapies; and mind and body treatments that rank amongst the finest in the UK.

Our Clinicians undertake continuous training to maintain the highest standards and are registered with the leading governing bodies within their area of expertise.

We have exceptional therapies that rank amongst the highest anywhere in the UK with a proven track record of helping patients. We provide a comprehensive after-care package which includes follow-up appointments email support, exercises and self-help tips to enable patients to help in their recovery.

A photograph of a woman's back, seen from behind. She has long, dark hair. A hand is resting on her right shoulder, suggesting a massage or physical therapy session. The background is plain white.

“As a Consultant Orthopaedic Surgeon with over 30 years experience, I recommend Mr Jamooji and his Osteopathic Team in providing effective solutions for painful conditions.”

Mr T G Kavanagh Consultant Orthopaedic Surgeon, St Anthony's Hospital, North Cheam

Pain Relief

“The treatment provided by Vispi and his team has helped many of my patients who had a musculo-skeletal component as an underlying cause of their headaches or migraines.”

Dr Tim von Oertzen, Consultant Neurologist, Consultant Epileptologist, Harley Street, London

OUR APPROACH

We offer outstanding expertise in helping people with chronic headaches, as well as neck and shoulder pain. Using techniques unique to this clinic, you will start to see results from your first visit. We believe in involving patients in their recovery and offer support in helping you identify and modify behaviour that is likely to cause further problems. We also offer patients exercises and tips to help hasten their recovery.

We offer one of the most comprehensive ranges of healing alternatives available. Our practice includes the following specialisms: osteopathy, acupuncture, massage, homoeopathy, reflexology, aromatherapy and sports massage, to help improve performance and relieve tired muscles.

CONDITIONS WE TREAT

Headaches, Neck problems	Hip Pain
Back Pain, Sciatica, Nerves	Pins and Needles / Numbness
Shoulder and Arm problems	Arthritis
Cartilage, Ligaments	Post Operative Rehab

ACREDITATIONS

Member of the General Osteopathic Council
Member of the Osteopathic Sports Care Association
Member of the British Acupuncture Council
Member NAET Europe



“This is the place for my regular
‘Body & Soul’ maintenance. People
there are highly professional and
very friendly.”

Walter Esser

Mind & Body

“I have had various treatments here and have always had the most enjoyable experience from both the practitioners and the staff.” Emma Brunati

OUR APPROACH

Mind. We have exceptional therapies that rank amongst the most successful anywhere in the UK. Our highly trained staff are listed with top UK and USA registration bodies. We offer individualised fast-track help for you to achieve your personal goals, teaching you to understand and manage the powerhouse of your mind. Learn how to harness its resources to achieve your own happiness and harmony

Body. We have an excellent record in providing high-level care in allergy and skin problems, homoeopathy, massage and relaxation, delivering comprehensive care for both mind and body.

CONDITIONS WE TREAT

Anxiety / Depression

Diet and Eating disorders

Career Coaching

Allergies and Skin Problems

Personal Development.

Tension and Stress

Overcoming Grief

Foot Care (chiropractic)

ACREDITATIONS

Master Practitioner of NLP, Time Line Therapy & Hypnotherapy

Member of the British Complementary Medicine Association

State Registered Chiropractor

Member of NAET Europe



“Their gentle treatments and knowledge have helped my whole family.”

Mary Jamieson

Fertility, Maternity & Baby

“I started to have faith again in my chances of conceiving naturally. I had a wonderful pregnancy and now have a beautiful baby daughter.” Rebecca

OUR APPROACH

We have been helping couples with fertility issues and IVF for over 7 years using Traditional Chinese Medicine and Traditional Chinese Acupuncture. Our comprehensive treatments also include: Paediatric Osteopathy for crying new born babies, along with Homeopathy and Allergy medicines that provide safe alternatives to pills and medicines for many childhood ailments.

Independent research has shown the treatments used at The Living Centre Clinic provide measurable improvements in Morning Sickness, Breech Presentation and Induction of Labour. Our clinicians are members of the Acupuncture Fertility Network, with additional expert training under Zita West, and Jane Lyttleton.

CONDITIONS WE TREAT

Conception Assistance	Crying Baby
Induction of Labour	Feeding Problems
Breech Presentation	Children Ailments
Ventouse, Forceps, Caesarean	Allergies and Intolerances

ACREDITATIONS

Member of the British Acupuncture Council
Member of the Acupuncture Fertility Network
Member of the General Osteopathic Council
Member of the British Osteopathic Association

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Each of our clinicians offer a free initial telephone consultation to help you decide on which therapy to choose. If you would like further information you can speak to one of our trained reception staff who will be happy to arrange for a clinician to contact you at a convenient time. Alternatively you can find further information by visiting our website.

